# **Accreditation**

# Manual

Resourcebook — Last update: 2015/11/16

CAPRSS

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## **Preface**

In the last ten years, peer recovery support services (PRSS) – distinct from both clinical treatment and mutual aid supports – have become established in the continuum of care for people seeking, stabilizing, and sustaining recovery from addiction to alcohol and other drugs. As these services have been conceived, defined, and developed, organizations have realized that they need to address the most effective ways to ensure the highest quality of care, while keeping intact the values, principles, and contexts that were the underpinnings of their work and that would give integrity and fidelity to peer recovery practice.

PRSS accreditation has emerged in this context. Accreditation is an evaluation and approval process for organizations or programs to deliver a specific type of services or set of services. The focus is on the organization/program providing the service(s). Accreditation is sponsored by a non-governmental agency, in which trained external peer and expert reviewers evaluate an organization's compliance with preestablished performance standards. Although it is usually voluntary, it can be a requirement set by many diverse funders and purchasers of services.

The **Council on Accreditation of Peer Recovery Support Services** (CAPRSS) accredits programs, rather than credentialling individual practitioners. This orientation is based on the wider purpose of supporting the development of recovery-oriented, community-based institutions and programs where peer services are delivered, and on a commitment to quality assurance and integrity of those services.

There are several reasons why CAPRSS focuses on accreditation of programs rather than certifying, credentialing, or licensing an individual for a specific service role. An accreditation system allows organizations to:

- oversee an expanding menu of peer support services and activities, as many already do today, providing a broader array of support to meet the needs of people seeking or in recovery
- train, supervise, and support volunteers who may or may not be interested in finding a career ladder in the continuum of addiction care, or who may have barriers to employment, certification or credentialing
- be accountable for quality and ethical peer practice in a number of service settings both on and
  offsite, actively support peer workers, and protect the recovery community and peer values inherent in
  the services

A national accreditation system provides a comprehensive response to a range of peer issues, rather than piecemeal approaches that differ widely from state to state. The accreditation of programs that deliver PRSS will:

• create infrastructure necessary for peer service delivery, including standards-driven continuous quality improvement;

- facilitate and disseminate best and, ultimately, evidence-based practices; and
- reinforce the recovery-based values and principles that underly peer services and make them valuable in the continuum of care.

<< Copyright Notice | About the Resourcebook >>

## **About the Resourcebook**

The *Accreditation Resourcebook* is designed to help peer recovery support services (PRSS) programs as they learn about accreditation. It is divided into three sections:

- 1. The Introduction section provides and overview of CAPRSS and its accreditation program.
- 2. Steps to Accreditation gives an overview of the steps a PRSS program will go through to gain accreditation.
- 3. *The Standards* provides a summary of the core and optional standards, and introduces the *Accreditation Taxonomy*—the system of classification that CAPRSS uses to organize the standards.

The guide also contains two sections of back matter: *Key CAPRSS Policies* contains core policies that relate to the accreditation process; *Glossary* defines some key terms used in the guide.

<< Preface | Introduction >>

# Introduction

Around the country, much attention is now being paid to peer support. Many different titles are used, depending on the type of organization to which the peers are connected: community health worker; outreach worker; social services aide; mental health worker; recovery coach; promotora; youth worker; and peer paraprofessional. Little attention, however, is being given to the settings/contexts in which peers offer support.

The work of CAPRSS is based on the idea that *context* is of utmost importance—that is, that the most effective peer work happens in a setting that honors, nurtures, and actively supports peers. Through its accreditation process, CAPRSS focuses on those special places, and on helping the people who run them make them better. CAPRSS also focuses on a specific kind of peer support—addiction-related peer recovery support services (PRSS).

We believe that accrediting programs that deliver PRSS will:

- create infrastructure necessary for peer service delivery, including standards-driven, continuous quality improvement;
- · facilitate and disseminate promising, best, and, ultimately, evidence-based practices; and
- · reinforce the recovery-based values and principles that underlie peer services.

Further, we believe that accreditation of PRSS programs embraces and includes the valuable wealth of volunteerism and service-giving that is inherent in the addiction recovery community. Accreditation helps programs to continue to create volunteer work and resume-building opportunities for the many community members: individuals who may face legal barriers in the workplace (including certification) because of their histories with the criminal justice system; individuals without formal work histories; and others who simply want to volunteer and give back.

Accreditation also helps programs to that provide a career path for individuals who choose to do peer work as paid work. Providing a healthy work environment and engaging in supportive workforce development—inclusive of both volunteer and paid peer leaders—are important components of effective PRSS programs. Accreditation can help to strengthen a program's efforts in those areas.

Last, we believe that accreditation is consistent with the philosophy and principles of peer practice, firmly grounding the focus, responsibility, and decision-making within the organized addiction recovery community. PRSS programs happen in a variety of peer services in multiple settings (e.g. community, treatment, primary

care, corrections, etc.); regardless of setting, accreditation can help programs to be accountable for recovery-orientation, ethical practice, strengths-based approaches, peer integrity, and quality assurance.

<< About the Resourcebook | What is the Council on Accreditation of Peer Recovery Support Services ? >>

# What is the Council on Accreditation of Peer Recovery Support Services ?

The Council on Accreditation of Peer Recovery Support Services (CAPRSS) is a private organization that provides asset-based accreditation ™ of addiction peer recovery support services (PRSS) provided by recovery community organizations (RCOs) and qualifying programs. CAPRSS promotes the quality, value, and optimal outcome of PRSS through a consultative accreditation process that centers on enhancing the lives of the persons served.

At present time, CAPRSS is the only accrediting body in the United States for recovery community organizations and qualifying programs offering addiction peer recovery support services. CAPRSS offers a recovery-oriented, peer-infused accreditation system that:

- · helps emerging and established RCOs and peer programs to build capacity;
- improves the performance of organizations and programs providing peer services by setting and measuring the achievement of standards; and
- increases accountability of peer services providers to funders, the public, and the field.

CAPRSS takes an "accreditation plus" philosophical approach, viewing accreditation as more than the evaluation and approval of organizations or programs based on a set of standards. Offering a process that promotes capacity-building and the achievement of excellence within organizations from beginning to end, CAPRSS offers services for:

- emerging organizations seeking information and resources to develop their programs;
- established organizations looking to improve depth, breadth, scope, and quality of the peer services they provide, and preparing to seek accreditation;
- "accreditation-ready" organizations applying for accreditation;
- · accredited organizations; and
- state and other governmental entities seeking to support and assure the quality of peer recovery support services within their jurisdiction.



The mission of the **Council on Accreditation of Peer Recovery Support Services** is to identify and support excellence in the delivery of peer recovery support services and other activities by recovery community organizations (RCOs) and qualifying programs.

<< Introduction | The Accreditation Program >>

# **The Accreditation Program**

There are five main aims of the accreditation program. These are presented in the table below.

Purpose	CAPRSS will:
	promote the legitimization and efficacy of services
	highlight potential and positive recovery outcomes of peer support
Increase public confidence, and confidence within the field, in the quality of peer services.	demonstrate the ability to ensure ethical practice and supervision
	encourage utilization and development of promising and evidence-based practices
	highlight the quality, efficacy, value, and/or scientific and empirical basis of peer services
Improve the performance of organizations and	ensure standards for RCOs and peer programs are established by RCOs and peer programs of host organizations
programs providing peer services by setting and measuring the achievement of standards.	embed quality assurance and quality improvement protocols in standards
	define and clarify peer supports/services and service roles
	increase capacity of RCOs and programs to provide peer services that reflect the strengths and needs of geographic and cultural communities being served
	strengthen staff (both paid and volunteer) workforce development
3. Encourage RCOs and peer programs to build capacity and infrastructure.	maintain the integrity of peer programs, including peer processes, principles, values, and ethics
	increase the ability of programs to generate sustainable revenue, including third-party reimbursement
	increase ability of programs to develop responsible fiscal and business practices
Increase accountability of peer services	attract the recognition of funders, other stakeholders
providers to funders, the public, and the field.	establish and legitimize authentic peer recovery positions in addictions workforce

	increase the number of organizations equipped to deliver PRSS
5. Increase access to recovery supports for people seeking and in long-term recovery, for those served	increase availability, scope, and outreach of PRSS
and those providing services.	increase recovery capital for individuals, families, and communities
	include measures to promote recovery for those served

<< What is the Council on Accreditation of Peer Recovery Support Services ? | Purpose of Accreditation >>

## **Purpose of Accreditation**

Accreditation is an evaluation and approval process for organizations or programs that deliver a specific type of services, or set of services. The focus is on the organization/program providing the service(s). Accreditation is sponsored by a non-governmental agency, in which trained external peer and expert reviewers evaluate an organization's conformance with pre-established performance standards. Although it is usually voluntary, it is often a requirement set by many diverse funders and purchasers of services.

At CAPRSS, we believe that accrediting programs that deliver PRSS will:

- create infrastructure necessary for peer service delivery, including standards-driven, continuous quality improvement;
- facilitate and disseminate promising, best, and, ultimately, evidence-based practices; and
- reinforce the recovery-based values and principles that underlie peer services and make them valuable and effective in supporting long-term recovery.

Further, the accreditation of organizations and programs embraces and includes the valuable wealth of volunteerism and service-giving that is inherent in the addiction recovery community. Accreditation will allow organizations and programs to continue to create volunteer work and resume-building opportunities for the many community members who may face legal barriers from the workplace (including certification) because of their histories with the criminal justice system, as well as those without formal work histories, and others who simply want to volunteer and give back. Under the accreditation system, organizations and programs can also choose to pay peer service workers.

Finally, accredited organizations and programs will be able to oversee a variety of peer services in multiple settings (e.g. community, treatment, primary care, corrections, etc.) and be accountable for quality assurance, ethical practice, risk management, recovery-orientation, strength-based approaches, and peer integrity. This is consistent with the philosophy and principles of peer practice, firmly grounding the focus, responsibility, and decision-making within the organized addiction recovery community.

Many accreditation programs use external peers and expert reviewers as evaluators in a peer review process. Using the peer review approach allows individuals from RCOs with experiential expertise in operating peer support programs to be of service to other organizations, promoting a community of practice. The process has the potential of enhancing the ability of all involved to serve the recovery community by learning from each other.

<< The Accreditation Program | Benefits of Accreditation >>

#### **Benefits of Accreditation**

Accreditation can bring many things to a PRSS program, such as:

- new ideas for designing and implementing best practices in organizational development, management, and program design
- guidance for providing high-quality PRSS, implementing strategies for quality improvement, and developing specific policies and procedures in all areas
- identification as an organization that meets recovery-community developed standards in the provision of quality addiction peer recovery support services
- increased confidence on the part of persons seeking recovery or family members
- increased confidence of funding sources, referral agencies, other providers, businesses, community leaders, and community resources
- evidence that funds are being used effectively
- documentation that demonstrates good management, accountability, positive outcomes, a recoverycentered and person-driven approach
- continuing support from CAPRSS through online, telephone, and on-site consultation.

<< Purpose of Accreditation | Accreditation Review: The Three Parts >>

#### **Accreditation Review: The Three Parts**

For any accreditating body, the accreditation review is a core service. The CAPRSS accreditation review consists of **self review**, **peer review** and **committee review**. Combined, these help to ensure that accredited organizations will have institutional integrity (clear purposes, high levels of integrity, fiscal stability, systems to fulfill its purposes), PRSS effectiveness (clear and appropriate objectives & design, process of review, collection and use of data that ensure environment for recovery), and sufficient capacity to sustain quality over time.

### **Self Review**

Each accreditation candidate completes a thorough self review as a part of the application for candidacy. The CAPRSS standards provide a framework for evaluating your program's processes, results, and your progress toward your goals and objectives.

The process of completing the three-part program inventory—Organizational Profile, Welcome Walk Through, and Accreditation Self Study—provide an opportunity for your PRSS program to how well you are doing from a variety of perspectives. It also provides an opportunity to consider your PRSS program's accomplishments, focus the program on common goals, and identify areas for development as well as for streamlining.

Candidates are encouraged to use variety of participatory processes to engage individuals across their program in the self review process.

### **Peer Review**

Peer review is a common practice in many fields to maintain standards of quality, improve performance, and provide credibility. For CAPRSS, it is a reflection of the peer support process that is at the heart of PRSS; peer reviewers provide knowledge, experience, and practical help to others in the field.

The cornerstone of the peer review is the *site visit*, which confirms and complements the information contained the applicant's Accreditation Self Study. The purpose of the site visit is to obtain in-depth information concerning all aspects of the PRSS program(s). The site visit permits the Peer Review Team to assess a program's conformance with the CAPRSS Standards and also the achievement of the program's own stated mission, goals, and objectives.

The key people from CAPRSS involved in the peer review process are CAPRSS staff member (your CAPRSS liaison), the peer review team leader, and peer reviewers. Each peer review team will consist of 1-3 peer reviewers who bring expertise from direct experience.

## **Review Committee**

Committee review is the capstone of the accreditation process; it completes the process begun with the the Accreditation Self Study and furthered by the Peer Review Site Visit. The purpose is to (1) examine the indepth information concerning all aspects of the PRSS program(s) gathered by the site itself and considered by the Peer Review Team and (2) determine a program's conformance with the CAPRSS standards.

The Accreditation Review Committee is composed of three individuals with experience or expertise in PRSS. The ARC members:

- Review and discuss the Peer Review Site Visit Summary Report that the Peer Review Team completes for each candidate, which includes findings and recommendations regarding accreditation;
- Speak with members of the Peer Review Team, if necessary, to obtain additional information and/or clarification;
- Discuss which accreditation outcome is the best fit for the candidate; and
- Issue the formal accreditation determination.

<< Benefits of Accreditation | Difference Between Accreditation and Certification >>

## **Difference Between Accreditation and Certification**

The terms certification and accreditation both are discussed when talking about addiction peer support. It is important to be clear about the differences between them, as both are relevant. Generally, certification is given to individuals, and accreditation applies to organizations.

Certification is a voluntary process in which an individual demonstrates proficiency or competence on standardized criteria that relate to a specific field. To become certified, an individual must often meet eligibility requirements and pass an assessment. Certificants may have ongoing requirements, such as continuing education or retesting, to maintain the certification. Certification has traditionally arisen when a group of professionals determines the need to publicly set standards for a field; however, in the area of PRSS, many states are doing the assessment and providing the credential.

Accreditation is a voluntary process in which an organization's or institution's operations are evaluated according to established qualifications or standards. The initial and periodic evaluations usually involve submitting a self-evaluation report, site inspection by a team of experts, and a determination by an independent board or commission.

Туре	Recipient	Who Does	Participation
Certification	Individual	Association/ Agency	Voluntary
State Certification	Individual	Government Agency	Can Be Voluntary, May Be Involuntary/ Required
Licensure	Individual, Organization	Government Agency	Involuntary/Required
Accreditation	Program, Organization, Institution	Association/ Agency	Voluntary

<< Accreditation Review: The Three Parts | Steps to Accreditation >>

# **Steps to Accreditation**

To become accredited, organizations go through eight core steps and two optional ones.

Step	Description	Available Tools
Step 1	Learn about accreditation process	Quick Reference Guide to Accreditation Process Accreditation Resource Book (this manual) Accreditation 101: Introduction to Accreditation webinar
Step 2	Determine accreditation readiness	Accreditation Readiness Self-assessment
Step 3	Prepare for core accreditation	Free online resources and reference materials (CAPRSS online Learning Community; registration required) Short assessment tools and online courses (Learning Community Plus, coming soon)
Step 4	Become a candidate for Core Accreditation	Candidacy checklist
Step 5	Complete and submit Program Inventory	Organization Profile, Welcome Walk Through, and Accreditation Self Study
Step r	Prepare for and host Peer Review Site Visit	Site Visit Preparation Guide
Step 7	Receive accreditation determination	Understanding the Accreditation Final Report
Step 8	Follow-up	Feedback Form PIP template (as needed) Annual Update Report
Step 9	(optional) Apply for accreditation in optional performance domains	
Step 10	(optional) Follow up	

<< Difference Between Accreditation and Certification | Step 1: Learn About Accreditation Process >>

# **Step 1: Learn About Accreditation Process**

The CAPRSS accreditation process consists of eight core steps and two optional ones. Following is a quick reference guide to the steps, and the key tasks to be done in each.

# Learn about accreditation process

#### PRSS programs:

- review web site and written background materials on PRSS accreditation
- · consider benefits and costs of accreditation
- · review possible accreditation outcomes; and
- determine whether accreditation is appropriate for the program

# Determine accreditation readiness

Tool: Accreditation Readiness Selfassessment

Prepare for core

Book

accreditation Tool:
Accreditation Resource

#### PRSS programs:

- complete online <u>Accreditation Readiness Self-assessment</u>
- · identify areas for improvement
- · request, and receive applicant assistance

## PRSS programs:

- · form an Accreditation Coordinating Committee
- · obtain and review candidacy checklist
- take a careful look at the standards, criteria, and elements of performance—and use resources and assessment tools to make sure your program is ready in each area
- begin to collect key information for application
- discuss the accreditation process with key stakeholders

#### Applicants:

# Become a candidate for Core Accreditation

Tools: Candidacy Workbook, Application and Self Study

- register for a CAPRSS account
- pay candidacy fee
- · collect key information for application
- complete online application
- establish relationship with key contact at CAPRSS
- · set dates for Peer Review Site Visit

#### Candidates:

#### Prepare for Peer Review Site Visit Tools: Site Visit Preparation Guide

- · participate in CAPRSS site visit orientation webinar
- pay site visit fee, or work with CAPRSS staff to set up payment plan
- finalize agenda for Peer Review Site Visit (with CAPRSS contact)
- help CAPRSS with travel logistics
- announce/introduce process to your community

### identify peer participants and community stakeholders to be interviewed during site visit

set up Resource Room for onsite Peer Review Team

#### Candidates:

# Host Peer Review Site Visit

- work with the Peer Review Team, following the agreed upon agenda, for the duration of the site visit
- select, if any, nominations for Promising Practices (whether practice-based evidence or evidence-based practice).
- · celebrate completion of the site visit

# Receive Accreditation Determination Tool: Understanding the Accreditation Final Report

Approximately six to eight weeks after the Peer Review Site Visit, CAPRSS will notify the candidate of the accreditation decision and any required or recommended areas for improvement

#### Accreditees:

- complete feedback documents and satisfaction assessments relating to the structure, process, content, and outcome of accreditation process and any recommendations for improvement
- if required, submit a performance improvement plan (PIP): Within 90 days following notification of the accreditation outcome, the organization fulfills an accreditation condition by submitting a PIP outlining actions that have been or will be taken in response to the areas for improvement identified in the report
- submit an Annual Update Report (AUR): An organization that earns accreditation submits a signed AUR on the accreditation anniversary date in each of the years following the award
- consider and request opportunities, as desired, to join the committees associated with the accreditation process.
   Programs that are not accredited:
- complete feedback documents and satisfaction assessments relating to the structure, process, content, and outcome of accreditation process and any recommendations for improvement
- review the process for challenging the accreditation determination
- review the Accreditation Report recommendations and develop a performance improvement plan
- re-apply for accreditation after completion of tasks in the performance improvement plan.

# Follow up after accreditation decision

Seek accreditation in optional performance domains	Accredited programs: Once a program is accredited in the core domains, it can seek accreditation in one or more options domains.
Follow up after accreditation decision in optional domains	Surveyed program:  • complete feedback documents and satisfaction assessments relating to the structure, process, content, and outcome of accreditation process and any recommendations for improvement

<< Steps to Accreditation | Step 2: Determine Accreditation Readiness >>

# **Step 2: Determine Accreditation Readiness**

Accreditation is an intensive process that looks at seven areas (called domains):

- 1. Recovery Principles, Culture and Climate
- 2. Ethical Framework for Service Delivery
- 3. Peer Leader Development
- 4. Peer Supervisor Development
- 5. Governance and Program Oversight
- 6. Management Systems
- 7. Peer Support Capacity: Core Competencies

CAPRSS wants every program that applies for accreditation to succeed—and for programs to spend the time they need to prepare for accreditation before they apply. Upcoming sections in this guide provide more information about domains and core standards. The CAPRSS website has links to resources that provide more in-depth information about key concepts that are embedded in the standards.

The <u>Accreditation Readiness Self-Assessment Tool</u> is available to help you to determine whether your program is accreditation ready. It focuses on key criteria for each of the accreditation domains and standards, and contains multiple choice questions allow you to assess whether your program meets the criteria.

You are encouraged to explore all of these resources to determine whether your program is already accreditation ready, or whether it needs to spend extra time time preparing for core accreditation (step 3) before it applies for candidacy (step 4).

<< Step 1: Learn About Accreditation Process | Step 3: Prepare for Core Accreditation >>

# **Step 3: Prepare for Core Accreditation**

There are many different ways to prepare for core accreditation, based on your PRSS program's unique characteristics, and based on the results of the Accreditation Readiness Self-assessment. However, there are a few key tasks, described below, that each program needs to do to prepare for accreditation.

#### If you haven't already:

• Form your Accreditation Coordinating Committee (ACC). Put together a working group that will work on tasks, assess practices, help prepare, and generally manage the work of getting accredited. One member of the team should be designated as the your Point of Contact (PoC); this person will serve as the primary contact with CAPRSS.

#### Other key tasks:

- Download a PDF copy of the Candidacy Application Checklist. It lists of all the documents that your program will submit to apply for candidacy. Use the form to identify and begin to collect key information for application.
- With your ACC, take a careful look at the standards, criteria, and elements of performance—and use resources and assessment tools to make sure you are ready in each area.
- Discuss the accreditation process with key stakeholders. The CAPRSS accreditation process will engage not just staff and peer leaders but also peers, board members, community partners, and other key stakeholders. Let the know that you are pursuing accreditation, and how they can help.

<< Step 2: Determine Accreditation Readiness | Step 4: Become a Candidate for Core Accreditation >>

# **Step 4: Become a Candidate for Core Accreditation**

In the previous steps, your organization formed an Accreditation Coordinating Committee (ACC)—a workgroup of staff, peer leaders, peer workers, and board members who will work on tasks, assess practices, help prepare, and generally manage the work of getting accredited. Your ACC will continue the work it began in the previous step.

# Register your organization and pay accreditation candidacy fee

<u>Register your organization</u> to create an organizational profile with CAPRSS. This online form gathers basic information about your program and the contact persons for CAPRSS records.

The fee for candidacy is \$1000.

# Collect and compile key information to prepare for the Program Inventory (step 5).

To complete the Program Inventory, you will be uploading several documents; you will also need hard copies of these documents later in the accreditation process. Your team should (a) identify a central location on a computer or server to file the electronic documents, and (b) a file cabinet drawer or binder to organize the hard copies. Use the document checklist to gather the required documents.

## What Happens Next

Registering your organization and paying the candidacy fee sets in motion the accreditation process. Two key things will happen:

## Your accreditation webpage will be set up

Each candidate for accreditation has its own dedicated webpage with links to materials that will be needed in the accreditation process. The contact persons for your organization will be given log-in information to access your page. You will use this page to submit your program inventory (step 5).

## You will establish a relationship with key contact at CAPRSS

The CAPRSS contact person will work with you throughout the accreditation process. He or she will contact you to discuss your application, let you know how to access the Site Visit Preparation webinar, and identify possible site visit dates.

Your organization will be asked to designate a person who will be your organization's primary point of contact (PoC) during the accreditation process.

CAPRSS Liaison Roles and Responsibilities	Your Organization's PoC Roles and Responsibilities
<ol> <li>Serves as your primary contact throughout the accreditation process</li> <li>Helps access accreditation assistance, and other CAPRSS resources</li> <li>Answers questions you or your ACC may have about the standards and the accreditation process</li> <li>Provides feedback on documents and other items submitted as part of application</li> <li>Helps ensure that your organization is making progress and staying on track with regard to due dates and deadlines leading up to the Peer Review Site Visit</li> </ol>	<ol> <li>Serves as the primary organizational contact throughout the accreditation process</li> <li>Assigns tasks to ACC</li> <li>Tracks task assignments and task completion</li> <li>Communicates progress updates with organizational staff and members</li> <li>Oversees all preparations for the Site Visit</li> </ol>

<< Step 3: Prepare for Core Accreditation | Step 5: Complete and Submit Program Inventory >>

# **Step 5: Complete and Submit Program Inventory**

The Program Inventory consists of three parts: (1) an Organizational Profile; (2) the Welcome Walk Through; and (3) the Accreditation Self Study. (Each is described more fully below.) Once you have submitted all three parts:

- Your application will be reviewed for completeness. You will be notified by email and asked to submit
  any missing items.
- The CAPRSS staff will calculate the cost of the site visit and send an invoice for the site visit fee, which ranges from \$1500 for small organizations to \$6500 for large ones.
- A Peer Review Team will be assigned. They will begin a review of of your application, in preparation for a Peer Review Site Visit.

### The first part of your application is the Organizational Profile.

This online form gathers information to create a "snaphot" of your organization. It starts with information that you will have provided when you registered your organization (which you can edit or update), and adds depth to the data. The profile is divided into seven sections: (1) Basic Information; (2) Profile of Participants; (3) Peer Recovery Support Services; (4) Paid and Volunteer Staff; (5) Facilities and Sites; (6) Governance; and (7) Budget and Finance. The information collected will help the Peer Review Team to get a good sense of the size and scope of your organization.

## The second part of your application is the Welcome Walk Through.

The Welcome Walk Through can be an effective tool to gain an understanding of the needs of prospective or new participants. It is designed to simulate a person's initial contact with your PRSS program, by asking questions about five topics: (1) initial phone contact; (2) ease/convenience in reaching the site; (3) impressions of the site; (4) processes to engage new participants; and (5) overall observations.

Before completing the online questions, someone will need to do a literal walk-through of your site—make the phone call, drive to the facility, visit the site—to experience what it is like to be someone who is trying to find out information and join your program.

#### After the Welcome Walk Through: Suggestions

• Discuss with peer leaders and staff what went well with the walk through, what didn't go well or was confusing, and what you would do differently the next time around.

- Make a list of practices that seem to work well from walk-through.
- Make a list of the areas that need improvement along with suggested changes to attempt.

• Discuss how to implement the relevant change ideas—include the perspectives of the peer participant, family member, peer leaders, and staff.

### The third part of your application is the Accreditation Self Study.

In order to be accredited, your program will be required to meet standards in four general areas: <a href="Principles: Practices">Principles: Practices</a>; and Performance. The online self study tool is organized by domains in those four areas. In it, you will answer questions about criteria for performance under each of the standards, which will help you to examine the strengths and challenges your organization has in each of the domains. At the end, you will receive a brief report on the results.

It will be helpful to involve individuals throughout your PRSS program, including peer participants, in a participatory process to answer the questions in the self study. Depending on the size of your organization, it may be useful to divide into working groups or to use existing committees to complete different areas of the study.

<< Step 4: Become a Candidate for Core Accreditation | Program Inventory Document Checklist >>

# **Program Inventory Document Checklist**

Fo	Forms		
1	Document	Completed Online or Submitted as PDF	
	Candidate Registration Form		
	Organizational Profile		
	Self Study (also known as Self Assessment )		
	Welcome Walkthrough		

Basic Info			
1	Document	Upload in:	
	Articles of incorporation (all organizations)	Organizational Profile	
	501c3 determination letter (nonprofit organizations)	Organizational Profile	
	List of staff and key peer leaders, including titles	Organizational Profile	
	Organizational chart	Organizational Profile	
	Most recent annual report	Organizational Profile	
	Audited financial statements	Organizational Profile	
	Certificate of Occupancy (C of O) for each site	Accreditation Self Study	
Re	ecovery Principles, Culture, and Climate		
	Mission, vision, and values statement(s)	Accreditation Self Study	
	Examples of flyers, brochures, or announcements of activities/workshops you have conducted in past year.	Accreditation Self Study	
	Meeting minutes or notes that document participatory process	Accreditation Self Study	
Et	Ethical Framework for Service Delivery		

Code of Ethics	Accreditation Self Study
Ethics orientation manual	Accreditation Self Study
Agenda and learning objectives for ethics training	Accreditation Self Study
Ethics policies/procedures	Accreditation Self Study
Confidentiality policies/procedures	Accreditation Self Study
Ethics Committee or Workgroup meeting minutes	Accreditation Self Study
Guidelines for setting and maintaining peer boundaries	Accreditation Self Study
Sign-off ethics and boundary pledge form	Accreditation Self Study
Peer Leader Development	
Job descriptions for key peer leader roles	Accreditation Self Study
Recruitment plan	Accreditation Self Study
Staffing plan	Accreditation Self Study
Peer leaders policy manual	Accreditation Self Study
Peer leader orientation and training materials	Accreditation Self Study
Certificate of Training Completion	Accreditation Self Study
Background check policies and procedures	Accreditation Self Study
Peer Leader application form	Accreditation Self Study
Self-care materials	Accreditation Self Study
In-service training agendas	Accreditation Self Study
Peer Supervisor Development	

Р	eer Supervisor job description	Accreditation Self Study	
Р	eer Supervisor training manual or course description	Accreditation Self Study	
Р	eer supervision guidelines and/or protocols	Accreditation Self Study	
Р	eer Supervision log or notes	Accreditation Self Study	
Р	eer Supervision agenda	Accreditation Self Study	
Gove	ernance		
Li	ist of board of directors, including officers and committee chairs (with brief bios)	Organizational Profile	
N	lost recent board of directors agenda and meeting minutes	Organizational Profile	
Li	ist of advisory board members (with brief bios)	Organizational Profile	
N	lost recent advisory board agenda and meeting minutes	Organizational Profile	
В	oard Policies and Procedures:		
В	oard job descriptions	Accreditation Self Study	
В	ylaws	Accreditation Self Study	
С	conflict of Interest policy	Accreditation Self Study	
0	ther		
N	lost recent strategic or long-range plan	Accreditation Self Study	
В	oard training agendas	Accreditation Self Study	
Mana	Management Systems		
F	inancial policies & procedures	Accreditation Self Study	
R	isk management plan	Accreditation Self Study	

Accreditation Self Study		
Accreditation Self Study		
Peer Support Capacity: Core Competencies		
Organizational Profile		
Organizational Profile		
Accreditation Self Study		
Accreditation Self Study		
Accreditation Self Study		

<< Step 5: Complete and Submit Program Inventory | Step 6: Prepare for and Host the Peer Review Site Visit >>

# Step 6: Prepare for and Host the Peer Review Site Visit

A key component of the accreditation process is the Peer Review Site Visit. The purpose is to obtain indepth information concerning all aspects of your PRSS program(s). In addition, the two-day site visit permits the Peer Review Team to assess your program's conformance with the CAPRSS Standards and the achievement of your own stated mission, goals, and objectives. The site visit confirms and complements the information contained in the comprehensive Self-assessment Study completed as a part of the application process. The tasks to prepare for and host the site visit are described below.

# Participate in CAPRSS Peer Review Site Visit orientation webinar

The purpose of the orientation webinar is to give an overview of the site visit process. It provides an opportunity for the members of your Accreditation Coordinating Committee to get answers to specific questions about your site visit.

## **Set dates for Peer Review Site Visit**

**CAPRSS** 

The Peer Review Site Visit will take up to two full days. Identify several dates, a minimum of 6 weeks from the date you submit your Program Inventory.

# Finalize agenda for Peer Review Site Visit (with CAPRSS liaison)

In this manual, you will find a <u>sample site visit agenda</u>. We know that every organization is different. Your CAPRSS Liaision will work with to to set a agenda that is specific to your organization and its needs.

# Help CAPRSS with travel logistics

Your CAPRSS Liaison will work with you to coordinate the travel of the Peer Review Team. Your suggestions about good hotels near your main site, restaurants that deliver (for PRT working lunches), exact locations of your sites, and other tips that travelers need to know will help your liaison to make the best travel arrangements for the team.

## Announce/introduce process to your community

Applying for CAPRSS accreditation is a big deal. Let your community know that you are in the process, what it means, and how they can help.

# Identify peer participants and community stakeholders to be interviewed during site visit

The accreditation process is another opportunity to engage peer participants and your many stakeholders, to get their input, feedback, and good thinking. The Peer Review Team also needs their participation in order to gain a complete picture of your organization. Let peer participants and community stakeholders know that there will be an opportunity to talk with the Peer Review Team, either in small groups or individually.

## Set up Resource Room for Peer Review Team

The Resource Room will be the "home base" for the Peer Review Team while it is visiting your organization. The team will need privacy and Internet access.

Additionally, you will need to prepare binders for each of the Peer Review Team members with hard copies of all of the documents submitted with your application. The <u>documents checklist</u> provides the listing of the sections for the binder, and the order of the documents in each section.

## **Host the Site Visit**

Each Peer Review Team will be composed of 2-3 individuals with expertise or experience in peer recovery support services. The team may include a:

- PRSS program manager or administrator
- · Peer leader
- Consultant who has worked extensively with PRSS

CAPRSS will designate one person on each team to serve as lead; this person is responsible for coordinating the activities of the team when on-site and is the spokesperson for the group.

Peer Reviewers do not decide if you are accredited or not. They are observers and reviewers—that is, they will document and comment on what they observe on site. It is the CAPRSS Accreditation Review Committee's role to determine whether an organization will be accredited or not.

The site visit begins with the Peer Review Team meeting with your organization's Accreditation Coordinating Committee, and a dialogue about your Welcome Walk-through and Self Study results. The site visit ends with an Exit Conference between the Peer Review Team and your Accreditation Coordinating Committee, in which the team summarizes findings from the visit, gives general recommendations, and maps out next steps. In between, the peer reviewers will review documents, talk with peer participants, peer leaders, board members, and community stakeholders to get a comprehensive view of your organization.

Directly following the visit, the Peer Review Team Leader will oversee the compilation and synthesis of the onsite report. The Team Leader will prepare a checklist and assign specific sections of the report to team members. The completed report will be submitted to CAPRSS within ten (10) days following the site visit. All information gathered during the site visit and the report will be kept strictly confidential. Peer Reviewers adhere to strict codes of ethics and confidentiality are not allowed to share any information, except with each other and with CAPRSS. This includes any final accreditation suggestions or decisions.

Within 6 weeks of the visit, CAPRSS will make final accreditation determinations and contact the applicant organization.

## **Sample Peer Review Site Visit Agenda**

This sample gives an idea of what a site visit might look like. Your agenda will be drafted with the Peer Review Team Leader and some agenda items may vary considerably.

Day One			
Start Time	Item	Notes	
8:30 am	Peer Review Team arrives at main site and is shown private Resource Room and sets up		
9:00 am	Introductory meeting with the Accreditation Coordinating Committee and any key stakeholders. The agenda and appointments are finalized during the introductory meeting.		
9:30 am	Peer Review Team is given a tour of the facility		
10:30 am	Review of Walk Through and Accreditation Assessment		
12:30 pm	Working Lunch/ Peer Review Team		
2:15 pm	Peer Review Team Interviews with Peer Participants (Focus group from 2:15-3:15; individual meetings from 3:15-4 as needed)		
4:00 pm	Peer Review Team Discussion/ Meeting		
4:45 pm	Peer Review Team Interviews with Board Members		
5:30 pm	BREAK		
6:00 pm	Peer Review Team member(s) observes evening programs: Support group meeting Educational Session		
7:15 pm	Peer Review Team departs for hotel		
Day T	Day Two		
Time	Activity	**Notes	
8:30 am	Peer Review Team arrives at main site Review of Day One with Accreditation Coordinating Committee		

9:00 am	PRT & ACC discuss PRSS, Quality Assurance and Improvement
10:00 am	Peer Review Team interviews Peer Leaders/ Staff
11:00 am	PRT & Finance Staff, Finance Committee discuss Financial
12:30 pm	Working Lunch/ Peer Review Team
1:30 pm	PRT & Staff, Personnel Committee discuss Personnel
2:30 pm	Peer Review Team observations of: Orientation of new participant(s) Participatory processes
	Or Peer Review Team visit additional sites
4:00 pm	Peer Review Team prepares draft site visit report
4:45 pm	Exit Conference with Coordinating Committee
6:00 pm	Peer Review Team departs for hotel

<< Step 6: Prepare for and Host the Peer Review Site Visit | Step 7: Receive Accreditation Determination >>

# **Step 7: Receive Accreditation Determination**

Approximately six to eight weeks after the Peer Review Site Visit, CAPRSS will notify the candidate of the accreditation decision and any required or recommended areas for improvement. The notification has two parts: a cover letter and the Core Accreditation Final Report (described below).

# **Core Accreditation Final Report**

The *Core Accreditation Final Report* consists of four main sections: (1) organizational profile; (2) survey summary; (3) findings and recommendations; and (4) next steps for the applicant.

### **Organizational Profile**

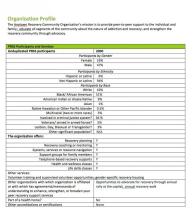
The organizational profile is a "snaphot" of the organization, based on the organizational profile submitted by the organization. It includes basic information about the size and scope of the organization: mission; participants and peer recovery support services; staffing; facilities and sites; governance; and budget.

### **Survey Summary**

In four short subsections, the Survey Summary provide a brief overview of the peer reviewer scoring and findings. It lists the overall scores given by each reviewer, the average scores for each domain, and the findings for each standard.

### **Findings**





This section begins with a summary of the overarching organizational strengths. The findings are then presented for each standard. There are three possible findings: (1) Exceeds Standards, (2) Meets Standards, or (3) Requires Performance Improvement. The basis for the finding is briefly explained.

Standard	Finding
RPCC-1.0 Core Recovery Principles The program is grounded in the values of the recovery community—both local community and the national movement.	Exceeds Sendeds  Fregam incorporates recovery principles in documents, processes and overall environment.  Recovery plans are being developed and used, flowever, data reviewed in the Vision Team meeting indicates significant variability in tracking and using recovery plans. This variability is further increased by the multiple tracks for individuals in various pragman at the center.
RPCC-2.0 Core Recovery Culture and Values The program incorporates key practices that support and enhance recovery.	Exceeds Standards Recovery outture and values are in evidence as one enters the front door to the role modeling of peers and volunteers. Peers and peer leaders were vested in the accreditation outcome.
RPCC-3.0 Recovery Climate/ Environment The program establishes a welcoming climate that is conducted to/facilitates personal recovery/	Meets Standard The organization has recently moved into a new space that was formers a clinical health environment. The Pere Review Team suggests (1) move recovery-decorated weak to soften the environment, (2) particing and formation of the control of the contr

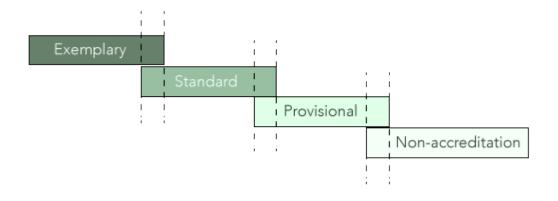
#### Recommendations

The final section of the report outlines the consultative and performance improvement recommendations. *Consultative Recommendations* are important findings that merit the attention of the applicant but do not rise to the level of a requirement for improvement (no formal response required). *Performance Improvement Recommendations* are critical findings that need attention of the applicant, for which a formal response (in the form of a Performance Improvement Plan) may be required. It also discusses the next steps that the applicant organization needs to take to upon receipt of the summary report.

<< Sample Peer Review Site Visit Agenda | Accreditation Outcomes (v1.0) >>

### **Accreditation Outcomes (v1.0)**

Accreditation outcomes are on a continuum of performance from exemplary status to non-accreditation, as depicted below.



The categories have some elasticity—that is, there is some overlap (plus or minus 5-10%) between the accreditation categories. These bands, depending on context, can be referred to as

standard errors, confidence intervals, or errors of prediction. Tighter bands of confidence will emerge as the accreditation process matures, more field experience is gained, and with standards that have been in the field for several years. Nonetheles— and despite inherent variability— the process is designed to be robust, valid, and reliable.

Following are the four categories of accreditation outcomes.

Outcome/ Status	Metrics	Award & Comments
Accreditation, Exemplary	Ranks as exceeding standards on 25 or more of the core standards.	3 year award
Accreditation, Standard	Ranks as meeting or exceeding standards on 20 or more of the core standards.	1-3-year award
Accreditation, Provisional	Ranks as meeting or exceeding standards on 15-19 of the core standards (and requires performance improvement on the other standards).	1-3 year award (during which the organization needs to address key standards that were not met); required to resubmit for accreditation within that time. Performance improvement plan required
Non- accreditation	Ranks as requiring performance improvement on 17 or more of the core standards.	No award; Resubmit within 1 year if desired after improvement activities

The decision of which outcome to grant is driven by: (1) the Accreditation Self-Study conducted by the applicant, (2) the scoring and impressions from the Peer Review Site Visit, and (3) the judgment of the Accreditation Review Committee. The goal is to find the "best fit" on the continuum for each organization, given its implementation of the standards.

At the discretion of the Accreditation Review Committee, within any of the categories:

- · variable lengths of accreditation (0-3 years) can be awarded
- organizations may be required to submit a performance improvement plan in order to receive accreditation
- · a follow-up visit may also be required.

<< Step 7: Receive Accreditation Determination | The Performance Improvement Plan >>

### The Performance Improvement Plan

When there are significant areas that are tagged for improvement, a Performance Improvement Plan (PIP) is required for the program. This plan must be submitted by the candidate within 90 days of receiving the final site visit report. If there are critical, time-dependent issues or if the improvement process requires acceleration, the timelines may be adjusted as needed. A sample page from a PIP is below.

Upon submission, the PIP is reviewed and approved by the Accreditation Review Committee (ARC). If the PIP needs additional work, a revised PIP will be required within 60 days— and again, as necessary, in 30 days if the revised plan is not satisfactory.

CAPRSS will provide follow up, verification, and support for implementing the PIP.

As organizations implement their plans, supportive materials (e.g., new policies), improvement data (e.g., new self study findings), and other evidence of progress will be uploaded by the organization through the Accreditee section of the website, and reviewed by staff, and as appropriate, the ARC.

PIR-1. Further define peer supervision responsibilities and methods.

ible 1		Date to be	
Plan of Action to be Taken	Measures/Indicators of Improvement	Completed	Supporting Materials
Develop a written Peer Supervisor Description with role, responsibilities and duties	Evaluation of progress and performance, 1x month	Feb 18	(Evidence) Job Description, Recovery Coach and Peer Leader Supervision Manual (Resources) SAMHSA guidelines for Peer Recovery Coaching,
Continuing education re Peer Supervision esponsibilities and methods	Measure and document performance of Peer supervision and supervisions with 3-month evaluations. Show decrease in questions concerning difficult supervisor challenges. Show increase in Peer Leader frecovery coach knowledge, skills and attitudes.	Ongoing	(Resources) Recovery Coach and Peer Leade Supervision Manual, Recovery Coach Manual, Risk Management procedures, Boundaries Scale, Evaluation form
Create a Peer Supervision Test Fest created with assistance from Peer Leaders, Peer Coaches, Consultant, Board Members	Test results	Feb 15	(Evidence) RCO Supervision Exam
Practice strengths-based personal path for long erm recovery	Minimum of 2 years of continuous recovery.  Continued practice of principles of recovery by attendance of support groups, verbalize benefits of recovery and benefits of being a Peer Leader supervisor for the RO.	Jan 10	Personal path practice in recovery verbalized and written for Faces and Voices of Recovery media message training, Supervisor Job Description,
Definition of peer supervision in Policies and Procedures, RCO supervision practices and performance	Policies and Procedure approved by Board of Directors, Consultant and Peer Leaders	Feb 15	RCO, Peer Leader, Recovery Coach Supervision Policies and Procedures,

Performance Improvement Plan

<< Accreditation Outcomes (v1.0) | Step 8: Follow Up >>

### Step 8: Follow Up

After your accreditation determination, what you will do to follow-up will depend on your specific accreditation outcome.

### **Acccreditees**

Programs that receive accreditation will:

- Complete a feedback survey about the accreditation process.
- If required, submit a performance improvement plan (PIP) outlining actions that will be taken in response to the areas for improvement identified in the Core Accreditation Final report.
- Submit an Annual Update Report (AUR) on the accreditation anniversary date in each of the years following the award (until time to apply for accrediation again).
- · As desired, participate in the online Accreditee Learning Cohort.
  - As desired, consider opportunities to join the committees associated with the accreditation process.

# Programs that are do not receive accreditation

CAPRSS anticipates that there will be very few programs that do not receive accreditation, if programs carefully follow the steps that occur before they apply for candidacy. These steps are in place to help programs succeed when they become candidates. For those programs that receive a "non-accreditation" outcome, these are the follow-up tasks:

- · Complete feedback survey about the accreditation process.
- · Review the process for appealing the accreditation determination, if desired.
- Review the Accreditation Report recommendations and develop a performance improvement plan.
- Re-apply for accreditation after completion of tasks in the performance improvement plan.
- · As desired, participate in the CAPRSS Learning Community.

<< The Performance Improvement Plan | The Standards >>

# The Standards

### Introduction

Standards are the core of an accreditation process. They can be seen as an external guide to assess the capacity and efficiency of a PRSS program: Organizations and programs that are applying for accreditation will be evaluated on the extent to which they can demonstrate their ability to meet specific standards.

They can also be considered a guide which a recovery community organization or peer program can conduct a self-inventory of how well it works by engaging in a reflective and participatory process. This may, in fact, be their best use, as programs continuously work to offer the best peer recovery support for their communities.

CAPRSS employs a set of rigorous standards that come directly from the recovery community and reflect current practice in peer recovery support. There are 30 core standards that are assessed the initial accreditation process, which are categorized into seven domains, which in turn are organized into four functional areas.

Once an organization has core accreditation, it can apply for accreditation in one or more of the optional domains. There are **21 optional (elective) standards** in four performance-related domains: (1) Peer Support Capacity: Recovery Community Centers; (2) Peer Support Capacity: Recovery Coaching; (3) Peer Support Capacity: Training and Technical Assistance; and (4) Furthering the Field.

<< Step 8: Follow Up | Core Standards: Summary (v1.1) >>

Accreditation - Resourcebook

# **Core Standards: Summary (v1.1)**

# **Principles-related Standards**

Recovery	Recovery Principles, Culture, and Climate		
RPCC-1.0	Core Recovery Principles	The program is grounded in the values of the recovery community—both local community and the national movement.	
RPCC-2.0	Core Recovery Culture and Values	The program incorporates key practices that support and enhance recovery.	
RPCC-3.0	Recovery Climate/ Environment	The program establishes a welcoming climate that is conducive to/facilitates personal recovery.	
Ethical Fra	Ethical Framework for Service Delivery		
EFSD-1.0	Code of Ethics	The PRSS program has guidelines, policies, procedures, and practices related to ethics that are consistent with peer values, protecting both providers and recipients of peer services.	
EFSD-2.0	Ethics Training and Support	The PRSS program ensures that training and guidance are provided on the implementation of ethical guidelines.	
EFSD-3.0	Confidentiality	The PRSS program has guidelines, policies, procedures, and practices related to maintaining confidentiality of personal information.	
EFSD-4.0	Boundary Setting	The PRSS program provides supervision, support, and learning opportunities to address boundary-related conflict before, during, and after conflict happens.	

# **People-related Standards**

Peer Leader Development			
PLD-1.0	Recruitment	The program uses efficient and effective processes to recruit quality peer leaders.	
PLD-2.0	Selection and Orientation	The program has clearly defined processes for screening, selecting, and orienting peer leaders to the PRSS program.	
PLD-3.0	Training and Development	The program provides peer leaders with training to help them gain the knowledge and skills necessary for their assigneds job, to help them develop within the organization.	
PLD-4.0	Retention	The program has clearly defined methods for increasing peer leader retention.	
Peer Sup	Peer Supervisor Development		
PSD-1.0	Recruitment	The program uses efficient and effective processes to recruit quality peer supervisors.	

PSD-2.0	Selection	The program has clearly defined processes for identifying needed qualifications, screening, and selecting peer supervisors.
PSD-3.0	Training, Mentoring, and Support	The program provides peer supervisors with training and ongoing support to gain knowledge, skills, experience, attitudes, and attributes necessary to effectively supervise peer leaders in a non-clinical context.

# **Practices-related Standards**

Governar	Governance and Program Oversight		
GPO-1.0	Program Oversight	The program oversight is inclusive of and responsive to local communities of recovery.	
GPO-2.0	Board of Directors	The board of directors is appropriately representative of and responsive to local communities of recovery.	
GPO-3.0	Organizational Policies and Practices	The board of directors ensures that the organizational policies and practices are consistent with the principles of good governance.	
GPO-4.0	Community Linkages	The board of directors facilitates linkages with other organizations to strengthen the larger community's network of support for recovery	
Managem	nent Systems		
MS-1.0	Fiscal Management	The organization is a good steward of financial resources, accountable to the recovery community, funders, and donors in its use of funds.	
MS-2.0	Human Resource Management	The organization uses best practices in human resources management to create a safe and healthy work environment.	
MS-3.0	Quality Assurance	The organization establishes ongoing, data-driven, quality assessment and improvement processes and methods.	
MS-4.0	Peer-compatible Recordkeeping	The organization establishes record keeping processes and methods that are compatible with peer-led efforts.	
MS-5.0	Confidentiality of Records	The organization establishes record keeping processes and methods that ensure compliance with state and federal regulations related to confidentiality and privacy.	
MS-6.0	Participant Protection and Informed Consent	The organization is committed to providing a safe, secure, and respectful environment.	
MS-7.0	Cultural Competence	The organization has clear goals, policies, and oversight practices to provide culturally and linguistically appropriate peer services.	

# **Performance-related Standards**

Peer Support: Core Competencies		
PSCC-1.0	Determining Community Strengths and Needs	The program uses participatory processes to assess community strengths and needs.
PSCC-2.0	Planning	The program plans to offer PRSS that that will have a measurable impact, based on community assets and needs.
PSCC-3.0	Offering Support	The program is an opportunity-rich recovery environment that builds individual and community strengths (recovery capital) and addresses individual and community needs.
PSCC-4.0	Supervising Peers Providing Services	The program provides regular guidance, support, and skills-building through non-clinical supervision to all peer leaders, whether service is provided at the program site or elsewhere in the community.
PSCC-5.0	Evaluating the Supports/ Services	The program uses evaluation data as a management tool.

<< The Standards | Optional Standards (v0.1): Summary >>

# **Optional Standards (v0.1): Summary**

# **Performance-related Standards**

Peer Suppo	Peer Support Capacity: Recovery Community Center			
PSRCC-1.0	Recovery Community Center Governance	The recovery community center has structures and processes for governance and decision-making that are inclusive of the recovery community and its principles.		
PSRCC-2.0	Operations and Management	The physical space is safe, clean, and in compliance with building codes and ordinances.		
PSRCC-3.0	Recovery Hospitality	The recovery community center is inclusive of all paths of recovery and responsible to local recovery communities.		
PSRCC-4.0	Community and Civic Engagement	The RCC is embedded among community institutions and stakeholders; it provides its members opportunities for community engagement and valued social roles.		
PSRCC-5.0	Programming	The recovery community center offers a diverse menu of programs and services.		
PSRCC-6.0	Preparing Peers for Service	The recovery community center has effective methods to prepare peers to be of service.		
PSRCC-7.0	Evaluation	The recovery community center uses community-informed evaluation measures (processes) and collects a variety of data on both <u>outputs</u> and <u>outcomes</u> to determine effectiveness and to improve programs, services, and activities.		

Peer Support Capacity: Recovery Coaching			
PSMC-1.0	Preparing Peers for Service	The program has effective methods to prepare peers to be recovery coaches.	
PSMC-2.0	Ensuring Program Quality	The program ensures that its recovery coaching program is effective in engaging and supporting participants.	
PSMC-3.0	Evaluating Performance	The program uses <u>validated</u> , <u>non-clinical tools</u> at entry and across time to track participant progress and program outcomes.	

Peer Support Capacity: Training & Technical Assistance		
PSTTA-1.0	Facilitating Change	The training/technical assistance provider has up-to-date expertise and competencies related to facilitating learning and change within organizations.

PSTTA-2.0	Establishing Relationships	The training/technical assistance provider establishes effective relationships/partnerships with T/TA clients.
PSTTA-3.0	Assessing Needs, Finding the Facts	The training/technical assistance provider uses a variety of assessment strategies to gather objective, accurate, complete and relevant information the group to be served.
PSTTA-4.0	Providing Technical Assistance	The technical assistance provider uses the best practices in facilitation/consultation to engage TA clients in participatory/joint problem solving.
PSTTA-5.0	Providing Training	The training provider provides objective- oriented (and when applicable, standards based) training curricula that use best practices in adult learning, and are sensitive to the needs of the recovery community.
PSTTA-6.0	Evaluating Training and Technical Assistance	The training/technical assistance provider conducts evaluation to assess the efficacy of T/TA.

# **Principles-related Standards**

Furthering the Field		
FTF-1.0	Service to the Recovery Community	The organization engages in the highest level of service to the recovery community on a local, regional, and national level.
FTF-2.0	Advocacy	The organization engages in exemplary advocacy for people in recovery at a local, regional, and national level, using a variety of strategies.
FTF-3.0	Champion for a Recovery- oriented Community	The organization works to change systems and community conditions to help create context in which a recovery- oriented community can emerge.
FTF-4.0	Evidence- based Practice	The organization uses best available evidence to make informed decisions about programs, services, activities.
FTF-5.0	Cultural Competence	The organization has clear goals, policies, operational plans, and management accountability/oversight mechanisms to provide culturally and linguistically appropriate peer services. (Adapted from the Office of Minority Health National Standards for Culturally and Linguistically Appropriate Services)

<< Core Standards: Summary (v1.1) | The Accreditation Taxonomy >>

# **The Accreditation Taxonomy**

Now that you have seen the standards and criteria, it is time for a look at the complete taxonomy.

A taxonomy is a scheme of classification. (Remember learning the biologic classification system of domain, kingdom, phylum, class, order, family, genus, and species? The CAPRSS one is not quite that complex.) CAPRSS has created an accreditation taxonomy, which consists of (in descending order):

- functional area (operational area)
  - domain
    - standard
      - criterion
        - element of performance

Each of the levels of the taxonomy is described below.

### **Functional areas**

The classification begins with the four functional areas.

- 1. Principles: Elements that are often seen as intangible—principles, culture, and climate—and yet are known to have a significant impact on organizational success.
- People: People are the heart of peer recovery support services program; this area helps PRSS
  programs to examine how peer leaders and peer supervisors are recruited, oriented, trained,
  supervised, and developed, and policies needed to ensure a good environment for all staff—volunteer
  and paid.
- 3. Practices: Organizational practices that are critical for organizational stability and success.
- 4. Performance: Capacities that programs have to help people achieve and maintain recovery.

### **Domains**

There are seven core domains, and four optional domains. The core domains are presented below.

Recovery Principles, Culture, and Climate (RPCC)
 Recovery principles are what differentiate peer recovery support/services from treatment and from other types of recovery services. A program's principles—its basic assumptions and ways of

working—and values—those things of worth, meaning, or importance—serve as the core from which practices (patterns of actions), services, and everything else emanate.

Culture includes deeply held values, beliefs and assumptions, symbols, heroes, and rituals. An organization's culture is the mixture of qualities that gives the group its identity. It is comprised of many tangible elements—such as dress "code" or language— and intangible ones —such as underlying values.

Climate consists of the recurring patterns of behavior, attitudes and feelings that characterize life in the organization. Climate is akin to the weather within an organization—how warm or cool it is. Like the weather, organizational climate is the sum of "prevailing conditions," including accessibility, openness, inclusivity, and diversity. An organization with a good climate attracts new people to its efforts; one with a negative climate is characterized by high turn-over, low participation, high levels of mistrust, and lack of momentum.

The climate and culture of peer recovery support organizations and programs directly relate to the effectiveness of recovery support. The program's climate and culture set the context in which personal recovery can occur.

#### 2. Ethical Framework for Service Delivery (EFSD)

Peer recovery support services (PRSS) programs require an ethical framework for service delivery—an essential supporting structure that helps to guide interactions in the peer setting. This structure includes a code of ethics or code of conduct, training, and ongoing dialogue. In most cases, simply "importing" a professional code of ethics and training is not effective. There is a difference between the professional-client relationship and the relationship of the peer leader and the peer being served that warrants an ethical framework specifically tailored to PRSS.

#### 3. Peer Leader Development (PLD)

Peer recovery support service (PRSS) programs are engaging a new cadre of personnel in the recovery workforce: peer leaders. Peer leaders (also called peer workers) are people with experiential wisdom on how to achieve and sustain recovery who help those with less recovery experience. They provide this help through mentoring or coaching individuals; facilitating support and educational groups; providing a connection to resources that support recovery, such as housing, employment, and healthcare services; and creating a community of people in and seeking recovery where all feel welcome and where hope can dispel despair. They can provide this support before, during, and after treatment or independently of treatment. A quality peer leader development system that starts with the strengths and experiences of the recovery community and builds the knowledge and skills necessary to deliver quality peer-to-peer services.

#### 4. Peer Supervisor Development (PSD)

Peer programs engage a diverse—and often sizeable—cadre of people with experiential wisdom to provide recovery support to their peers. An effective program supports its peer leaders (peer workers)

through mentoring, facilitation, and management and is designed to enhance motivation, autonomy, self-awareness, and skills. This support role falls to peer supervisors. PRSS programs must ensure that they have processes to develop the competencies of peer supervisors so that they have a good understanding of their role, and the knowledge, attitudes, and skills to do well.

#### 5. Governance and Program Oversight (GPO)

Peer recovery support programs can be developed and operated in many different organizational contexts, including recovery community organizations— organizations that are primarily composed of and led by people with lived experience of addiction and recovery. Many other PRSS programs are housed in organizations that provide peer recovery support as part of a larger mission that is recovery-oriented or is focused on another agenda of which recovery is an important part (e.g., AIDS, community re-entry from prison, or child protection). Regardless of organization type, basic good governance is important. In addition, there are some specific governance characteristics that are important in order for PRSS programs to flourish. Both are reflected in the CAPRSS standards.

#### 6. Management Systems (MS)

**CAPRSS** 

Management systems provide a structure for doing things efficiently and effectively. The management systems for PRSS program are much the same as those for any other organization—human resources, financial management, quality assurance. And yet, each also has unique characteristics because of the peer setting.

#### 7. Peer Support Capacity: Core Competencies (PSCC)

In order to effectively serve individuals in and seeking recovery, peer recovery support programs must have the capacity to offer/deliver needed PRSS in their communities. There are specific core competencies for well-run peer programs that differentiate PRSS from treatment and other recovery support organizations, including the capacity to engage in continuing community strengths-and-needs assessments and capacities related to program design, implementation, management, and evaluation.

### Standards and Criteria

There are 30 core standards and nearly 150 criteria within the seven core domains.

### **Elements of Performance**

Each criteria has one or more elements of performance, which are examples of the the activities, actions, or processes that an organization might do that in meeting a particular **criterion** or standard. For example, criterion RPCC-3.6 is "The program maintains a warm and welcoming space." The listed elements of performance are:

- · Decor/decoration is culturally inviting
- · The physical site is pleasant and attractive
- · The space is safe and clean
- · The site is conveniently located
- · Visitors to site are welcomed in a warm and friendly manner

Each of these elements is indicative of the criterion being met. It is very important to note that there may be things not on the list that also demonstrate that the criterion is being met. As part of their self study, accreditation candidates are encouraged to present other elements of performance that fit the criteria.

<< Optional Standards (v0.1): Summary | Conclusion >>

# **Conclusion**

You have come to the end of the *Accreditation Resourcebook*. We hope that you have gained a basic understanding of CAPRSS and our accreditation program.

In reviewing this guide, you have made progress on the first step—learning about the accreditation process. There are two webinars are available to help you learn more:

- Accreditation 101: Introduction to Accreditation
- Accreditation 201: Understanding the Standards

You can participate "live" to get answers to your questions, or you can view recordings of the webinar at your convenience.

If you are ready to take the next steps, use these resources to get started:

Determine accreditation readiness	Accreditation Readiness Self-assessment
Prepare for core accreditation	Free online resources and reference materials in the <u>CAPRSS Learning Community</u> Short assessment tools and online courses related to each of the domains ( <i>Learning Community Plus</i> , subscription-based service coming soon)



#### Not Sure Accreditation is Right for Your Program?

Although CAPRSS accreditation is designed specifically for PRSS programs, it still may not be a good fit for *your* PRSS program right now. The resources listed above may still be helpful to you. As was mentioned in this guide, one of the best uses of the standards is for self-inventory and self-review. The accreditation readiness and accreditation preparation tools, and the Learning Community, can help you to strengthen your PRSS program—even in you decide to not pursue accreditation. CAPRSS is committed to helping peer recovery support services programs to build capacity and improve the performance. Please let us know how we can support you in your work.

# **Key CAPRSS Policies**

On the following pages you will find key CAPRSS policies that relate to the accreditation process.

<< Conclusion | CAPRSS Information Release Policy >>

# **CAPRSS Information Release Policy**

All information gathered during the accreditation process and under review will be kept strictly confidential.

Information about specific candidates and their accreditation process will be shared with Peer Reviewers, Accreditation Review Committee members, consultants, and other authorized agents of CAPRSS.

The following information may be released by CAPRSS staff at the discretion of CAPRSS:

- received and filed applications for accreditation
- · list of organizations scheduled for site visits, without indication of dates
- · scheduled site visit dates (after notification has been given to organizations)
- · indication of site visit completion
- notice of an organization appealing a non-accreditation or provisional decision

The following information will be released upon completion of the accreditation process:

· final accreditation status of an organization

Policy effective date: 10/4/13

Last updated: 9/5/14

<< Key CAPRSS Policies | Complaints Against Accreditation Candidates or Accredittees >>

# Complaints Against Accreditation Candidates or Accredittees

### Introduction

In the course of accrediting peer recovery support services programs, it is likely that complaints, disagreements, and potential conflicts of interest will surface. In the spirit of continuous improvement, CAPRSS will respond to concerns through a formal process that is fair, balanced, and comprehensive. Further, CAPRSS maintains a "no retaliation" policy, ensuring that anyone issuing a final complaint or engaged in whistle-blowing activity will not suffer retribution from the organization.

# Third Party Complaint Reporting Policy

CAPRSS will evaluate a credible formal third party complaint only as it directly applies to the organization's conformance with the accreditation standards. CAPRSS will not act in a mediating capacity or be used as a vehicle to resolve disputes.

To be reviewed, a formal complaint must be filed, using the CAPRSS online complaint form. If CAPRSS receives a third party complaint through other channels (such as email), the party will be asked to submit a Formal Complaint Form.

CAPRSS will not review anonymous complaints. However, it may address, at its discretion, any concern reported anonymously.

### Reporting a Complaint

To file a complaint, complete the CAPRSS Formal Complaint Form at caprss.org/complaint form.html.

To file a formal complaint, you must provide your name and contact information. When CAPRSS communicates your complaint with the organization, we ensure confidentiality. However, our evaluation may necessitate the need to disclose unidentified details of the complaint with the organization.

Once a formal complaint is filed, CAPRSS may need to contact you for more information. CAPRSS expects the complainant to respond to all follow up communication within five (5) business days. Failure to do so may result in CAPRSS dismissing the complaint from further review.

### When CAPRSS Receives a Complaint Form

Upon receiving an appropriately submitted complaint, CAPRSS will review the information to determine the reliability, validity, and authenticity of the complaint. Often, we may need to follow up to request clarifying information.

In some cases, CAPRSS will decide that a formal complaint does not meet criteria for further review. When this happens, the decision is final and is not subject to appeal or further review.

Once a formal complaint is deemed reviewable, CAPRSS will decide if the complaint is directly related to the organization's conformance with one or more of the CAPRSS standards. If the complaint cannot be associated with any standard, the complaint will be dismissed.

If there is a direct connection with one or more standards, CAPRSS will contact the Executive Director and Board Chair of the organization and request a response to the complaint within twenty (20) business days. Additional documentation may be requested from either or both the complainant and the organization.

### Possible Outcomes Following the Review of a Formal Complaint

Upon review of all written information provided by both parties, CAPRSS will make its final decision regarding the formal complaint, which may include the following determinations:

- Unsubstantiated, due to insufficient information
- · Unsubstantiated, due to lack of evidence
- · Substantiated, in whole or part, but no change in accreditation status
- Substantiated, in whole or part, and accreditation maintained contingent on improvement action plan
- Substantiated, in whole or part, and accreditation maintained, but complaint retained in organization's file and provided, at CAPRSS' discretion, to Peer Review Team at the time of organization's next accreditation review
- Substantiated, in whole or part, warranting a change to the organization's accreditation status (e.g. accreditation downgraded, suspended or revoked)

### **Notification to Organization Formal Complaint Decision**

CAPRSS will notify the Executive Director and Board Chair of the organization within twenty (20) business days of the final formal complaint decision. If the resulting decision determines no change in accreditation status, the communication will remain confidential.

### **Release of Complaint-related Information**

Upon written request, CAPRSS will provide the complainant with the following information, as appropriate:

- Relevance (or not) of complaint to the organization's compliance with specific standards
- Action taken by CAPRSS to evaluate the organization's compliance with the standards

Policy effective date: 10/4/13

Last updated: 9/5/14

<< CAPRSS Information Release Policy | Conflict of Interest Policy >>

# **Conflict of Interest Policy**

1. Avoid all actual, potential, and perceived conflicts of interest.

### **Peer Reviewer Code of Conduct**

CAPRSS is committed to ethical behavior for all who are involved in the accreditation process. The purpose of this code is to describe the high standards of conduct to which our peer reviewers must hold.

#### CAPRSS peer reviewers:

- 1. Value recovery.
- 2. Embrace the CAPRSS-defined principles.
- 3. Accept assignments within their areas of competency.
- 4. Accept assignments only when there is no actual, potential, or appearance of conflict of interest.
- 5. Report to CAPRSS any improper Peer Reviewer behavior that represents a violation of ethics or the Code of Conduct.

#### Throughout the accreditation process, peer reviewers:

- 6. Maintain and exemplify a high degree of confidentiality about the process nor an organization's accreditation status.
- 7. Are mindful of the confidential relationship between CAPRSS and the applicant organization.
- 8. Discuss accreditation only with person authorized by CAPRSS.
- 9. Keep all documents, process findings, and reports strictly confidential.
- Take precautions to protect and safeguard any notes, information, or files, both hard copy or electronic versions.

#### When on Peer Review Site Visits, each member of the Peer Review Team will:

- 11. Approach all staff, volunteers, peers, family members, stakeholders, and the community at large with dignity and respect.
- 12. Maintain a balance of professional reserve and community-friendliness in self-presentation.
- 13. Honor the authority of key leadership and respect organizational protocols within candidate organizations
- 14. Minimize interference with the organization's regular operations and honor organization's internal policies.
- 15. Limit all contact with the candidates to site visit-related business and keep focus on the site visit process.
- 16. Accept no gifts nor anything of value from the organization.

17. Report all findings in an honest and fair manner.

# **Glossary**

Term	Definition	
Accountability	Accountability is an organization's willingness to explain its actions to its stakeholders. It can be applied to how an organization spends its resources, the way organizations use the resources they raise to accomplish their mission.	
Advisory Council	A selected group that serves to counsel and guide the programs (often a specific program) of an organization.	
Affiliational support	Support provided to individuals or groups to facilitate interpersonal contact, promoting the learning of social and recreational skills, creating community, and helping individuals acquire a sense of belonging and connection.	
Allies	Individuals with a deep understanding of addiction and recovery who are strong supporters of individuals in recovery and the recovery community. While rarely designated as peer leaders, these individuals may play significant roles in the PRSS program.	
Board of Directors	A governing body that operates in a stewardship role to oversee mission, planning, and fiscal matters, and has legal accountability for corporations, including nonprofit ones.	
Community Recovery	A voluntary process through which a community uses the assertive resolution of AOD-related problems as a vehicle for collective healing, community renewal, and enhanced intergenerational resilience. Voluntary involves community consciousness, community commitment, and community action. Source: White, W., Evans, A.C. and Lamb, R. (2010). Community recovery.	
Coordinators	Personnel hired to administer the peer program. They may or may not be in recovery.	
Cultural and Linguistic Competence	<ol> <li>Having the capacity to function effectively as an individual and an organization within the context of the cultural beliefs, behaviors, and needs presented by consumers and their communities.</li> <li>A set of congruent behaviors, attitudes, and policies that come together in a system, agency, or among professionals that enables effective work in cross?cultural situations.</li> </ol>	
Culture	Integrated patterns of human behavior that include the language, thoughts, communications, actions, customs, beliefs, values, and institutions of racial, ethnic, religious, or social groups.	
Emotional Support	Support in which empathy, caring, or concern are demonstrated and used to bolster a person's self esteem or confidence.	
Family Member	Individuals who have been closely involved with another person during that individual's addiction and recovery. Sometimes these individuals provide social support and services to other family members.	
Governance	The system of rules, practices and processes by which an organization is directed and controlled. It involves balancing the interests of the many stakeholders of an organization. Corporations (whether for-profit or non-profit) are governed by a board of directors.	

Group Facilitator	A person who is trained to facilitate or lead recovery-oriented group activities that are organized to promote and support recovery and/or provide education about recovery.
Host Organization	A nonprofit organization that hosts or includes a PRSS program, which is usually operated as a project within the facilitating organization. The host organization may not be comprised primarily of people in recovery. It hosts a peer-run PRSS and ensures that recovery community members are involved in all aspects of program design and implementation. Examples of host organizations include: treatment and mental health agencies; community service centers; Criminal justice, HIV/AIDS and other allied organizations.
Informational Support	Support in which knowledge or information is shared, referrals for needed services are made, and/or training in life or vocational skills is provided.
Instrumental (practical) Support	Services that provide concrete assistance to help others accomplish tasks.
Participatory Processes	Participatory processes are methods used to gain the active participation of individuals in a idea generation or decision making process. The primary goal of participatory process is to create productive dialogue; often a second goal is to develop positive solutions. The specific method used depends on on what the participants want to achieve, the size of the group, the complexity of the ideas or issues being discussed, and the length of time available.
Peer	An individual who seeks help from a PRSS program in establishing or maintaining his or her recovery. Also called a participant, member.
Peer Leader	A person in stable recovery who provides social support on a peer-to-peer basis. Sometimes peer leaders are staff and sometimes they are volunteers. Also called peer worker.
Peer Recovery Resource Connector	A person who helps the peer connect to professional and nonprofessional services and resources available in the community that support the peer's individual needs on the road to recovery. This role is often embedded in a larger recovery coach role.
Peer Recovery Support Services (PRSS)	Services designed and delivered by people who have experienced both addiction and recovery to help others initiate, stabilize, and sustain recovery from addiction. The services are considered as forms of social support and are non-clinical.
Peer Worker	A person in stable recovery who provides social support on a peer-to-peer basis. Sometimes peer leaders are staff and sometimes they are volunteers. Also called peer leader.
Performance Improvement	Performance improvement (also called quality improvement) is a pro-active and continuous process of identifying areas for betterment. It is both a problem-solving and a opportunity-based approach in which organizations seek to (1) fix underlying causes of persistent/systemic problems; (2) prevent or decrease the likelihood of future problems and; (3) identify and test new approaches to service, with the aim of achieving better results/outcomes.
PRSS Programs	An organized set of peer recovery support services.
PRSS Workforce	The people, both paid staff and volunteers, who work within a PRSS program.

Quality Assurance	Quality assurance is a process of meeting quality standards and assuring that peer services are of a basic quality. In quality assurance processes, organizations seek and use information retrospectively to examine why a particular standard is not being (or was not) met, and to change practices to ensure that the standard is met. (See also performance improvement.)		
Recovery Capital	Resources, both internal and external, that support a person's recovery. A recovery capital assessment informs a recovery plan, by identifying strengths and available resources and identifying resources that need to be developed and made available.		
Recovery Coach	A person who has more recovery experience than the peer/member being served and encourages, motivates, and supports a peer/member who is seeking, initiating, and/or sustaining recovery from addiction. Coaching often involves a recovery capital assessment and help in developing a recovery plan.		
Recovery Community Center	A location where a full range of peer recovery support services are offered.		
Recovery Planning	The process in which a Peer Leader assists a participant in developing and following a self-directed plan for achieving and sustaining recovery across all domains of life. Recovery planning is based on an assessment of an individual's goals and the strengths and capacities that he or she will use or rely upon to achieve these goals.		
Recovery Community Organization	An organized group comprised of recovery community members providing peer recovery support services.		
Recovery Values	Principles that underlie recovery, and bind the vision of a PRSS program to operations.		
Social Support	<ul> <li>The availability of people whom the individual trusts and who make one feel cared for and valued as a person and socially affiliated with others. Common sources of social support include family, friends, co-workers and peers. Social support can take both tangible and intangible forms. There are four key types of social support services: <ol> <li>Emotional support: Support in which empathy, caring, or concern are demonstrated and used to bolster a person's self esteem or confidence.</li> <li>Informational support: Support in which knowledge or information is shared, referrals for needed services are made, and/or training in life or vocational skills is provided.</li> <li>Instrumental (practical) support: Services that provide concrete assistance to help others accomplish tasks.</li> </ol> </li> <li>Affiliational support: Support provided to individuals or groups to facilitate interpersonal contact, promoting the learning of social and recreational skills, creating community, and helping individuals acquire a sense of belonging and connection.</li> </ul>		
Stakeholder	An individual or group that has an investment (or stake) in the program by lending support or resources (i.e. experience, money, political clout, credibility, etc.) or because it shares common constituencies.		

Transparency is an organization's willingness publish and make available critical data about the organization.