

RECOVERY COACH



Typically a non-clinical peer support specialist or "peer mentor" operating within a community organization (e.g., a Recovery Community Center) or a clinical organization (e.g., treatment program or hospital) & in either a paid or volunteer capacity. Recovery coaches are most often in recovery themselves & therefore offer the lived experience of active addiction & successful recovery. They focus on helping individuals to set & achieve goals important to recovery. They do not offer primary treatment for addiction, do not diagnose, & generally, are not associated with any particular method or means of recovery.



ADDICTION COUNSELOR

Type of non-medically credentialed addiction treatment provider. Counselors vary across jurisdictions in their titles, their required level of education, and required level of training. Addiction counselors encompass "substance abuse counselors" (SACs), "certified alcohol & substance abuse counselors" (CASACs), & "certified alcohol & drug counselors" (CADCs).

SPONSOR

A volunteer who is currently practicing the 12-step program of recovery espoused by Alcoholics Anonymous (AA) or other 12-step mutual-help organizations (e.g., Narcotics Anonymous and Marijuana Anonymous) and who helps newer AA members by providing support, encouragement, & guidance to promote sustained long-term recovery.

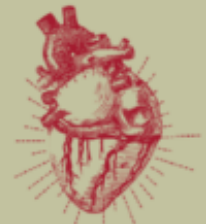


GET TO KNOW YOUR RECOVERY TEAM



ADDICTION PSYCHIATRIST

A physician who is board-certified as a psychiatrist with specialized training in addiction diagnosis, treatment & management. Addiction psychiatrists can provide therapy, although most emphasize medications & work in collaboration with social workers, psychologists, or counselors who provide psychotherapies.



ADDICTION MEDICINE PHYSICIAN

A board-certified physician in some specialty (e.g., family medicine, pediatrics, neurology) who has undergone specialized training in addiction diagnosis, treatment & management, but who does not typically provide addiction-specific psychotherapy or counseling.



ADDICTION PSYCHOLOGIST

An addiction treatment clinician who has obtained a doctoral degree in psychology & specializes in the treatment of addiction. Devoted to identifying & treating substance use disorders in patients using assessment & psychotherapy. Many are experts in treating co-occurring disorders such as depression & PTSD. Work is carried out in a variety of settings including hospitals, residential & outpatient treatment centers, as either individual, group, or family therapy.

